

Handling the Word

How to Study the Bible Faithfully

Lesson One Participant Worksheet

Name: _____

Date: _____

A note before we begin

This is not a test. You are not expected to know every answer. The aim is to learn how to come to God's Word humbly, read carefully, ask simple questions, and respond faithfully.

Lesson Aim

In this first lesson, we are asking one main question: Why study the Bible?

The Bible is not merely a religious book or a collection of helpful sayings. It is Holy Scripture. God has given His Word to reveal Himself, reveal Christ, show us His redemptive plan, and teach us how to trust and obey Him.

Key Scriptures

- **2 Timothy 3:16-17** - Scripture is given by God and equips the believer.
- **Hebrews 4:12** - The Word of God is living and powerful.
- **Psalms 1:1-3** - The person who delights in God's Word is like a fruitful tree.
- **Luke 24:44-47** - Jesus shows that Scripture points to Him and God's redemptive purpose.
- **James 1:5** - God gives wisdom generously to those who ask.

Opening Reflection

When you think about studying the Bible, what words or feelings come to mind?

What is one thing you would like God to help you understand or grow in during these sessions?

1. Why Do You Think God Gave Us the Bible?

Write down any thoughts that come to mind. There are no trick answers here. We will let Scripture itself help answer the question.

2. Read 2 Timothy 3:16-17

Read the passage slowly. Then notice what the text says.

What does this passage say about Scripture?

What does this passage say Scripture is useful for?

What kind of person does Scripture help form?

Think about this

This passage does not say Scripture is only useful for people who already feel confident. It says Scripture is given to equip the believer.

3. Read Hebrews 4:12

Read the passage slowly. Pay attention to how the Word of God is described.

What words are used to describe the Word of God?

What do you think it means that the Word of God is living and powerful?

Why might this matter when someone feels weak, unsure, or unable?

4. Read Psalm 1:1-3

Psalm 1 gives us a picture of the person who delights in God's Word. Fill in the two columns from the passage.

The blessed man avoids	The blessed man does

What picture is used to describe the person who meditates on God's Word?

Does this picture sound like instant maturity or slow growth? Why?

Remember

A tree does not become strong overnight. It grows because it is planted in the right place and keeps drawing from the water. Bible study is like that. It is not about proving you are already strong. It is about being planted where strength comes from.

5. Read Luke 24:44-47

In this passage, Jesus speaks about the Scriptures and how they point to Him.

What parts of Scripture does Jesus mention?

What does Jesus say had to be fulfilled?

What does this passage show us about the larger purpose of the Bible?

Central truth

The Scriptures reveal God's redemptive plan through Christ. We do not study the Bible merely to collect information. We study to know God, see Christ more clearly, trust His Word more deeply, and walk with Him more faithfully.

6. Read James 1:5

This verse is a great encouragement when we feel that we lack understanding.

What should we do if we lack wisdom?

How does God give?

What does this show us about God's heart toward those who ask for help?

Pulling It Together

Finish this sentence in your own words: The Bible is given to...

What is one truth from today's study that encouraged you?

What is one thing you can pray in response to what we have read?

This Week's Simple Practice

Read **Psalm 1:1-3** once each day this week. Each day, choose one question below and write one or two honest sentences. Keep it simple.

- What word or phrase stands out to me today?
- What does this passage show me about the kind of person God blesses?
- What does it mean to delight in God's Word?
- What does the tree picture teach me?
- Where do I need to be more planted in God's Word?
- What is one thing I can pray from this passage?
- What is a one sentence summary of this passage?

A Simple Prayer for the Week

Prayer

Lord, help me to delight in Your Word. Plant me deeply in Your truth. Teach me to draw near to You, and shape my life so that it bears fruit. Amen.

Closing Thought

You are not being asked to master the Bible overnight. You are being invited to begin learning how to come to the Bible faithfully. The goal is not to become proud of knowledge. The goal is to know God more truly, see Christ more clearly, trust His Word more deeply, and walk with Him more faithfully.